



PRESENTS

INTEGRATIVE IMMUNITY TRAINING PROGRAM (ITP)  
FOR HEALTHCARE PROFESSIONALS

Joint providers: Integrative Immunity Training Program (ITP) and  
The Foundation for Care Management



# Integrative Immunity Training Program IN ENDOCRINO-IMMUNOLOGY

A Unique Curriculum Developed for Clinical Application

- Healthcare Provider Health
- Patient Health
- Better Patient Treatment Outcomes
- Relieving Healthcare Provider Burnout
- Creating Joy for Medicine Again

*24 AMA PRA Category 1 Credits™*

*24 Nursing Contact Hours (24 Pharmacologic Hours)*

*24 Contact Hours Pharmacy Credit <sup>\*(Knowledge Based)</sup>*

**September 22-24, 2017**  
**EDINA (MINNEAPOLIS), MINNESOTA**

# INTEGRATIVE IMMUNITY HEALTH SYSTEM, PC & INTEGRATIVE IMMUNITY TRAINING PROGRAM

## **PRESENT A CONFERENCE FOR**

- MEDICAL DOCTORS
- DOCTORS OF OSTEOPATHIC MEDICINE
- CHIROPRACTORS
- NATUROPATHIC DOCTORS
- PHYSICIAN ASSISTANTS
- NURSE PRACTITIONERS
- NURSES
- NUTRITIONISTS
- MEDICAL RESIDENTS
- MEDICAL STUDENTS
- ALL OTHER HEALTHCARE PRACTITIONERS

# COURSE COMPONENTS

## *Uncovering the Roots of the Obesity Epidemic and Most Common Diseases*

### ENDOCRINE DISRUPTORS

In 1985, the CDC decided to track obesity in the United States. Since that time, obesity has become epidemic in America and has considerably increased in the whole world. In the 1990's it was also found that allergies (environmental and food allergies) were increasing and now they have also reached epidemic proportions. What has changed in our environment that is causing these health problems? Obesity is the number one killer in the United States and, increasingly, the world. It kills in silence and indirectly, standing as the root cause of a great many of the diseases treated by healthcare providers, including hyperlipidemia, heart disease, diabetes, hypertension, and malignant tumors, to name only a few. If any other epidemic had caused as many deaths as obesity and its comorbidities, the whole world would be diligently searching for a cure. Yet most healthcare providers still take a surprisingly casual attitude toward obesity. In most cases, it is treated as a more or less benign condition easily dealt with if patients would only put forth some effort. This is to say that obesity is often treated as if it were the patient's fault, with healthcare providers frequently assuming that a patient's obesity is the result of poor dietary choices and sedentary lifestyle. The root cause of the obesity epidemic is neither explored nor serious weight loss treatment plans offered.

Many providers are also at loss when faced with environmental allergies (asthma, rhinitis, sinusitis, atopic dermatitis, urticaria, angioedema...), food allergies and autoimmune diseases. Is what is causing the growing obesity epidemic also causing the growing allergy epidemic? Are pesticides and especially endocrine disruptors to blame?

This course seeks to answer these questions and will equip you with the necessary armamentarium to effectively treat your patients with these conditions.

### THE OBESITY MODEL

#### Making Sense of Obesity Statistics

The hypothesis commonly postulated is that obesity depends on food consumption and sedentary lifestyles. The quality of the foods is often questioned and the so called "junk foods" are blamed for being the culprits of the obesity epidemic. Many people assume that low-income individuals have the tendency to consume these junk foods and therefore bear the burden of obesity in the US. There is no systematic obesity equation that takes into account all the variables that may be contributing to this phenomenon. It is, therefore, difficult to find adequate solutions to the growing obesity epidemic. This course attempts to build an obesity model that encompasses all the determinants. Knowledge of these determinants is vital for finding an optimal solution to the growing obesity epidemic.

#### The Steps for effective treatment of obesity and its comorbidities

- Eat for your hormone type
- The optimal food Choices for optimal weight loss
- Role of nutritional Supplements in weight control

Many weight loss programs now recommend low carbohydrate diets, some focus on high protein diets and most recommend low fat diets. Few experts now incorporate balancing the hormones. The failure of most programs stems from not looking at all the determinants of the obesity equation. This course incorporates all the variables identified in the obesity model to formulate a weight loss plan that works.

# COURSE COMPONENTS

## **FARMING AND OBESITY IN THE US**

Evidence from the CDC obesity Maps, USGS Pesticides/herbicides Maps, and the HCUP database

When the CDC obesity Maps, USGS Pesticides/herbicides Maps, and the HCUP database were analyzed concomitantly for 2002-2011, it was found that the thyroid, estrogen and androgen disrupting chemicals used in this analysis had highest average annual use of active ingredient (pounds per square mile) and cumulative effects in the South, especially in the Mississippi embayment states and the Midwest Corn Belt areas. Hypothyroidism discharges for 2002 were also more prevalent in females, in the South and the Midwest followed by the Northeast and the West. Statistics for 2011 painted the same picture. Morbid obesity hospital discharges in 2002 were also more prevalent in females and the regional obesity rates were higher in the South, the Midwest, followed by the Northeast and the West in 2002-2015. These results indicate that endocrine disrupting chemicals should be scrutinized and regarded with greatest suspicion for contributing to the American obesity epidemic. This course uses the CDC obesity maps, the US Geological Survey pesticides/herbicides maps, and Healthcare Cost and Utilization Project (HCUP) hospital and Emergency Department (ED) discharges data, to explore the origins of the growing obesity epidemic in the US. Find out how pesticides/herbicides sprayed in farmlands and common household chemicals lead to endocrine disruption (HIS) that fuels the obesity epidemic, its comorbidities and what to do about it.

## **EPIGENETICS: DNA METHYLATION (HYPERMETHYLATION, HYPOMETHYLATION), micro-RNA, HISTONE MODIFICATIONS AND CANCER**

Pesticides used in farming and household chemicals impact human health by increasing estrogens, decreasing thyroid function and decreasing androgens such as testosterone. Many of these chemicals are also known or are suspected to causing human neoplasm through genotoxicity. A vast literature exists on DNA methylation (hypermethylation, hypomethylation), micro-RNA and histone modifications as the mechanisms through which environmental toxins cause cancer. The mechanism of epigenetics (effects of environmental toxins on DNA) and its impact on tumorigenesis will be covered in this course.

## **UNCOVERING THE ROOTS OF THE GROWING ALLERGY EPIDEMIC**

Hypersensitivity cases are on the rise. Cases of nasal allergies, asthma, food allergy, urticaria/angioedema, autoimmune diseases such as lupus, thyroiditis, rheumatoid arthritis, and multiple sclerosis are rampant. The approach to these conditions is often frustrating for lack of understanding of their pathophysiology and for lack of knowledge about effective treatment protocols. For example, rhinitis can lead to postnasal drip, chronic and recurrent sinus infections, sinus pressure, headaches, and even asthma symptoms of chest tightness, shortness of breath, coughing, and wheezing. Food allergy and food sensitivities in children and adults has reached epidemic proportions. The bulk of environmental and food allergy cases are treated by primary care health care providers, or are handled by patients who self-treat; however, many health care providers do not have a deep understanding of the biological mechanisms of atopic diseases or autoimmune diseases. Also, many patients who self-treat use over-the-counter medications that can actually prolong their symptoms and can even pose further more serious health risks. This course uses case studies to explore the origins of childhood and adult-onset atopic and autoimmune disease epidemics and the most effective and cost-effective ways to approach these conditions. The interface between the endocrine system, the immune system (innate, humoral, cell-mediated immunity, complement system), and the coagulation system will be explored. Environmental toxins, their effects as endocrine disruptors (especially the estrogen epidemic), and their geographical distributions will be highlighted and correlated with atopic and autoimmune diseases.



# COURSE OBJECTIVES

- Identify and describe the interface between the endocrine system, the immune system (innate, humoral, cell-mediated immunity, complement system), and the coagulation system.
- Categorize the different environmental toxins and their effects as endocrine disruptors (especially the estrogen epidemic) and correlate with geographical distributions for the obesity epidemic, atopic and autoimmune diseases.
- Evaluate connections between pesticides, common household chemicals and what is called a hormone imbalance syndrome: high estrogen, low thyroid function, low male hormones and their impact on well-being
- Discuss this hormone imbalance syndrome and its impact on obesity, comorbidities and allergies
- Illustrate why the south and Midwestern parts of the United States have more obesity, more morbidity and mortality than other regions by evaluating pesticide maps, obesity maps, and morbidity and mortality maps for these regions
- Clarify connections between pesticides and growing allergy epidemic
- Evaluate relationships between the endocrine and immune systems
- Design steps to effectively treat obesity and allergy problems based on information presented
- Present case studies to illustrate this integrative immunity approach to a 21<sup>st</sup> century patient
- Epigenetics: Demonstrate how environmental toxins cause genotoxicity and cancer through DNA methylation, micro-RNA changes and histone modifications
- Discuss and clarify how endogenous estrogens and estrogenic chemicals and mycoestrogens through their metabolites cause cancer.
- Show the evidence based research from journal articles, HCUP (Healthcare Utilization Project) database, USGS (United States Geological Survey) database and maps, and the BRFSS obesity maps that support the information shared in this training program.
- Use four books that synthesize the research on the connection among pesticides, obesity and allergy epidemics, as resources for this training program

# ITP FACULTY SPEAKER



**BENOIT TANO, M.D., Ph.D.**  
**ITP COURSE DIRECTOR**

Johns Hopkins-fellowship trained in allergy and clinical immunology and number one bestselling author of *The Layman's Guide to Integrative Immunity (2016)*, Benoît Tano, M.D. is a specialist, pioneer and foremost expert in the field of Integrative Immunity. Dr. Tano is the founder of Integrative Immunity Health System, PC located in Edina, Minnesota. He combines his vast expertise in allergy and clinical immunology and in hormone imbalance syndrome to treat the root causes of 21<sup>st</sup> century chronic diseases.

Dr. Tano graduated from the Medical College of Ohio in Toledo, and completed his internal medicine residency at the Ohio State University Medical Center in Columbus. He then spent two years in research fellowship: one year at Ohio State University Medical Center, and the other year at GlaxoSmithKline in Research Triangle Park, NC, where he worked with the Respiratory Global Health Outcomes group.

After completing his clinical fellowship at Johns Hopkins Asthma and Allergy Center in Baltimore, Dr. Tano joined the University of Texas Health Sciences Center at Tyler (UTHSCT) as an associate professor of medicine (Allergy and Clinical Immunology). While at UTHSCT, he became interested in the relationship between environmental pollution and hormone imbalance syndrome and their impact on obesity, obesity-related chronic diseases, allergies, and cancer.

Dr. Tano was certified by the American Board of Internal Medicine (2002) and the American Board of Allergy and Immunology (2006). In addition to his recent bestselling book, he is the author of *Hormone Imbalance Syndrome: America's Silent Plague - Uncovering the Roots of the Obesity Epidemic and Most Common Diseases (2012)*. The Allergy Detective Series, *Allergic Rhinitis Treatment Secrets Your Doctor May Not Tell You (2011)* and the *Nasal Allergy Treatment Roadmap (2013)*.

In addition to his extensive experience in medicine, Dr. Tano holds a Ph.D. in economics and taught economics for seven years at the University of Toledo prior to entering medical school. He has been published in numerous peer review research journals, and has presented his research at various professional national and international conferences.

Dr. Tano is a member of the American Academy of Allergy, Asthma & Immunology (AAAAI), and the American Academy of Anti-Aging Medicine (A4M). Dr. Tano has been a frequent and well received lecturer for A4M's Integrative Medicine fellowship program. He lectures internationally in English and French.

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# COURSE OUTLINE

INTEGRATIVE IMMUNITY: DISCOVER THE 3 KEYS TO MAXIMUM HEALTH: FIND OUT HOW ENVIRONMENTAL CHEMICALS AND COMMON HOUSEHOLD CHEMICALS CAUSE OBESITY, ALLERGIES AND OTHER CHRONIC DISEASES

## Overview

- Definition of Integrative Immunity
- The Role of Pesticides in the Obesity and Allergy Epidemics
- Pesticides as Endocrine Disruptors
- The Widespread Prevalence of Endocrine Disruptors
- Endocrine Disruptors and Human Diseases
- How Endocrine Disruptors Affect Human Hormones
- Steps to Effectively Prevent and Treat Obesity and Allergies

# 3 KEYS TO MAXIMUM HEALTH

- I.      KNOW THE BODY**
- II.     KNOW THE ENVIRONMENT**
- III.    KNOW THE FOODS AND BEVERAGES**

# PART I: KNOW THE BODY

Overview: The Problem with Dividing Healthcare Treatment into Specialties

Module I: Integrative Immunity History Taking

Module II: Integrative Immunity Review of Systems and differential diagnoses

Module II A: Hair

Module II B: Head

Module II C: Eyes

Module II D: Ears

Module II E: Nose

Module II F: Mouth

Module II G: Neck

Module II H: Chest

Module II I: Abdomen

Module II J: Kidneys and Urinary

Module II K: Musculoskeletal

Module II L: Skin

Module II M: Nervous System

Module II N: Musculoskeletal

Module II O: Lymphatic

Module II P: Psychiatric

Module II Q: Sleep and Sleep Hygiene

Module II R: General

Module II S: Activity Change

Module II T: Appetite Change

Module II U: Fevers and Chills

Module II V: Excessive Sweating, Night Sweats

Module II W: Hot Flashes

Module II X: Fatigue

Module II XI: Abnormal Weight Gain

Module III: Integrative Immunity Physical Examination Skills

Module IV: Integrative Immunity Laboratory Testing

Module V: Integrative Immunity Assessment

# PART II: KNOW THE ENVIRONMENT

**Overview: The Rise of Homo Economicus and Demise of World Health**

**Module VI: History of Chemicals Used in the U.S.**

**Module VI A: Organochlorine Insecticides**

**Module VI B: Organophosphate Insecticides**

**Module VI C: Glyphosate**

**Module VII: Pesticides as Endocrine Disruptors**

**Module VII A: Endocrine-disrupting Chemicals Timeline**

**Module VII B: Persistent Organic Pollutants**

**Module VIII: The Estrogen Epidemic**

What is Estrogen?

Endogenous Estrogens

Estradiol

Estriol

Estrone

Estetrol

Exogenous Estrogens

Xenoestrogens

Phytoestrogens (Plant-based Estrogens)

**Module IX: Symptoms Associated with Estrogen Dominance  
Estrogen Dominance and Disease**

**Module X: Estrogen Dominance and its Relationship to Obesity,  
Diabetes, and Hypertension**

**Module XI: The Effect of Estrogen Dominance and Progesterone  
Deficiency on the Thyroid**

Inflammatory Conditions Associated with Progesterone Deficiency

The Effects of Estrogen on Coagulation

The Varieties of Hormone Imbalances

Leptin and Leptin Resistance

The Effects of Leptin Resistance on Mental Health, Thyroid  
Function, Inflammation, and Weight Gain

## **Module XII: The Obesity Model**

## **Module XIII: History of the Obesity Epidemic in the U.S. and Worldwide**

Forget BMI and Focus on TIBOW and SSSH

Obesity Types

Global and U.S. Obesity Statistics

Obesity Trends by State

Obesity Trends by State and Year—1985, 1995, 2000, 2010

Obesity Among American Children

Obesity and Mortality

What the “Fat” States Have in Common?

Obesity Maps and Interpretation

The Real and Purported Causes of Obesity

## **Module XIV: The Relationship Between Farming Practices and Obesity in the U.S.**

Medical Geography: An Approach to Understanding the Obesity Epidemic

Why is Obesity More Prevalent in the Mississippi Embayment States?

Evidence Linking Obesity and Comorbidities to Endocrine-disrupting Chemicals

The Effects of Endocrine-disrupting Chemicals on the Human Body

## **Module XV: The Increasing Prevalence of Environmental and Food Allergies**

What Causes Nasal Allergy Symptoms?

Atopic Diseases

The Role of the Immune System in Allergic Reactions

Antigen-presenting Cells

Action of the Th0 and B-Cells (Bomb-making Cells)

The Role of the IgE antibody (Bomb)

The Role of Mast Cells (Misery Cell No. 1) and Basophils (Misery Cell No. 2) in the Allergic Response

Other Chemicals Released by the Misery Cells



## **Module XVI: The Correlation Between Pesticide Use and the Allergy Epidemic in the U.S.**

Allergic Rhinitis

Asthma

Food Allergies

Statistics

The Pathophysiology of Food Allergies

Chemicals Used in Food Production in the U.S.

Why is Peanut Allergy Becoming More Common?

Pesticides Used in Peanut Production

The LEAP Study

Flaws in the LEAP Study and Conclusions

The “Dirty Dozen” and “Clean Fifteen” Foods ?  
Or the “Dirty Thousand”

## **Module XVII: Treatment of Environmental Allergies and Food Allergies**

Allergic Rhinitis

The Orthomolecular Approach

My Clinical Experience in Treating Allergic Rhinitis

Immunotherapy for the Treatment of Allergic Rhinitis

The Most Efficient Method for Alleviating Nasal Allergy Symptoms

Treatment of Histamine-related Symptoms

Treatment of Leukotriene-related Symptoms

Systemic Steroids

Allergic Conjunctivitis

The Estrogen-free Lifestyle

Food Allergies

Is it Gluten Sensitivity or Estrogen Dominance?

Treatment of Food Allergies

The Estrogen-free Lifestyle

Autoimmune Diseases

MCAS- Mast Cell Activation Syndrome

## **Module XVIII: Putting it all together**

Overview: The Connection Between the Estrogen Epidemic and the Obesity and Allergy Epidemics

Using the Macromedicine Diagram as a Guide to Understanding the Role of  
Hormone Imbalance in Obesity and Common Diseases

The Importance of Progesterone

The Relationship Among Progesterone, Obesity, and Diabetes

The Relationship Between Progesterone and Thyroid Function

The Relationship Between Progesterone Deficiency (Estrogen Dominance) and Allergies

Other Diseases and Disorders Caused by Hormone Imbalance

The Effects of Testosterone Deficiency

The Effect of DHEA Deficiency on Insulin

The Effect of Estrogen on Candida Overgrowth

The Effect of Stress on the Distribution of Pregnenolone

Why LDL (“Bad”) Cholesterol Increases with Age and Obesity

The Most Prevalent Diseases in the U.S. are Due to Hormone Imbalance

The End Result of Endogenous Hormone Production Imbalance

My Road Map for Treating Allergic Diseases

Questions Answered in this course

References and Notes

# PART III: Environmental Chemicals and Cancer

## **Overview: Environmental Chemicals and Epigenetics**

### **Module XIX: Overview: Estrogens and cancer**

Endogenous Estrogens

Exogenous Estrogens

Estrogen Metabolism

Estrogen Metabolites and Cancer

Estrogen Metabolites and Methylation

### **Module XX: Overview: Environmental Chemicals and Cancer**

Environmental Chemicals and Hypermethylation

Environmental Chemicals and Hypomethylation

Environmental Chemicals and mi-RNA

Environmental Chemicals and Histones Modification

# PART IV: WHY DIE(T) AND DIE? ADOPT ESTROGEN-FREE LIFESTYLE

## Module XXI: Choose Chemicals, Foods and Beverages Well to Avoid Diseases

Avoid Xenoestrogens and Phytoestrogens

Avoid Dairy

Avoid “Dirty” Foods

Avoid Refined Sugars and Artificial Sweeteners

Avoid all Hidden Sugars

Other Suggestions in Addition to Living an Estrogen-Free Lifestyle (EFL)

Additional Steps to Effectively Treat Obesity

Eating to Lose Weight

The Importance of the Glycemic Index in Losing Weight

The Role of Carbohydrates in Achieving and Maintaining a Healthy Weight

The Role of Proteins in a Healthy Diet

The Role of Fats in a Healthy Diet (ketogenic diet)

Follow the Prophet Daniel’s Diet (Vegetables and Water)

Lowering Cholesterol Along with Losing Weight

Heavy Metal Decontamination Recommendations

## Module XXII: Illustrative Case Studies

## Module XXIII: Nutraceuticals

# WHAT YOU GET:

COMPLETE LIVE COURSE OF ITP (INTEGRATIVE  
IMMUNITY TRAINING PROGRAM)

September 22-24, 2017 IN EDINA (MINNEAPOLIS),  
MINNESOTA

*24 AMA PRA Category 1 Credits™*

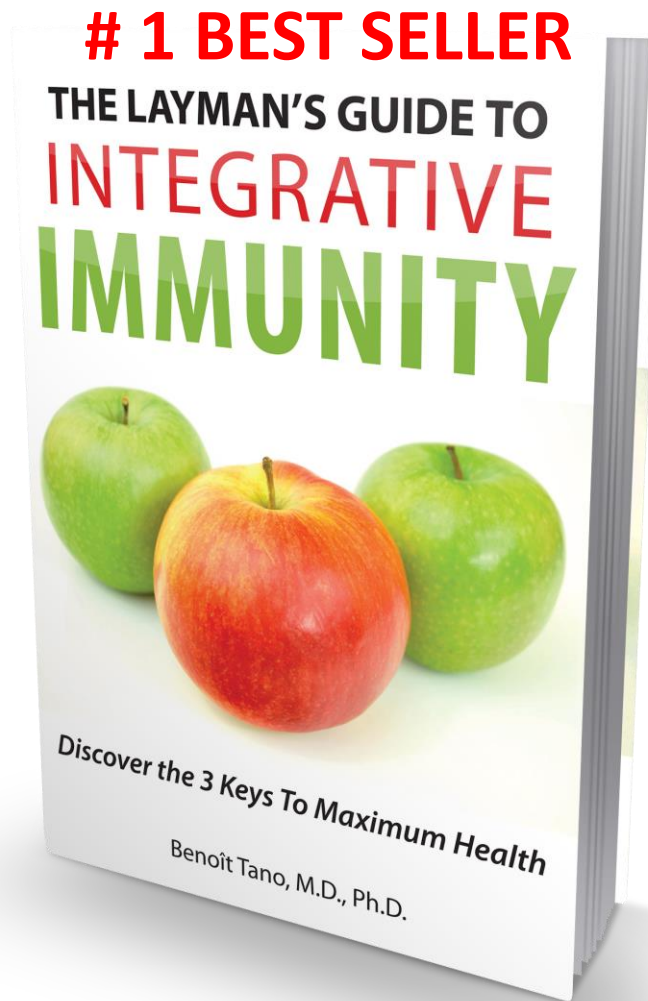
*24 Nursing Contact Hours (24 Pharmacologic Hours)*

*24 Contact Hours Pharmacy Credit <sup>\*</sup>(Knowledge Based)*

# PLUS ITP RESOURCES



# ITP RESOURCES: 4 BOOKS

The screenshot shows the website www.integrativeimmunity.com. The browser's address bar shows the URL. The website has a blue header with social media icons and a navigation menu. The main content area is titled 'Optimal Health Resources' and features three book covers: 'THE ALLERGY DETECTIVE', 'HORMONE IMBALANCE SYNDROME', and 'NASAL ALLERGY TREATMENT ROADMAP'. A 'VIEW ALL BOOKS' button is visible. The footer includes a welcome message and a disclaimer.

Optimal Health Resources

THE ALLERGY DETECTIVE  
ALLERGIC RHINITIS  
TREATMENT SECRETS  
YOUR DOCTOR MAY  
NOT TELL YOU  
BENOIT D. TANO, M.D., Ph.D.

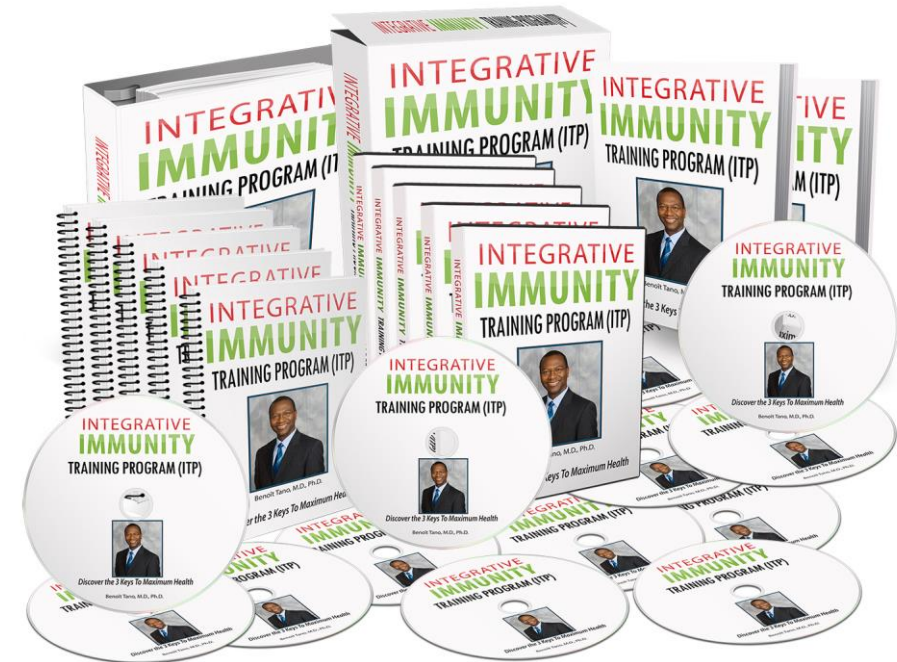
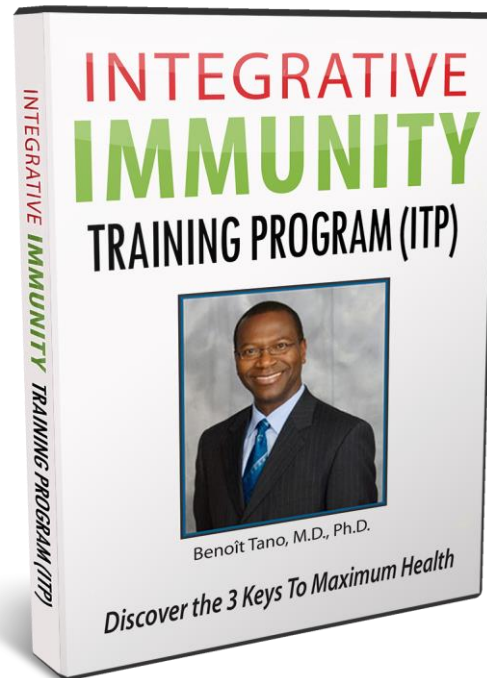
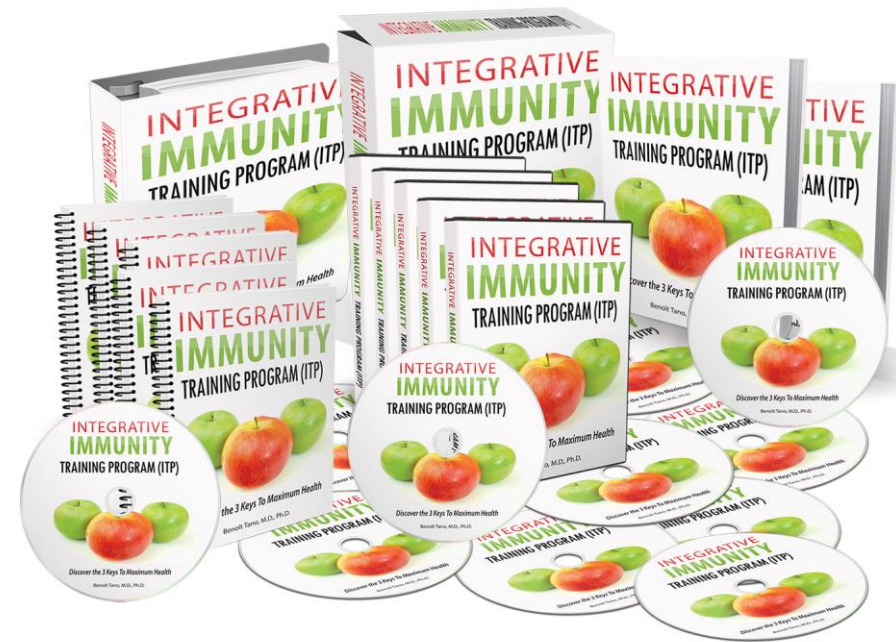
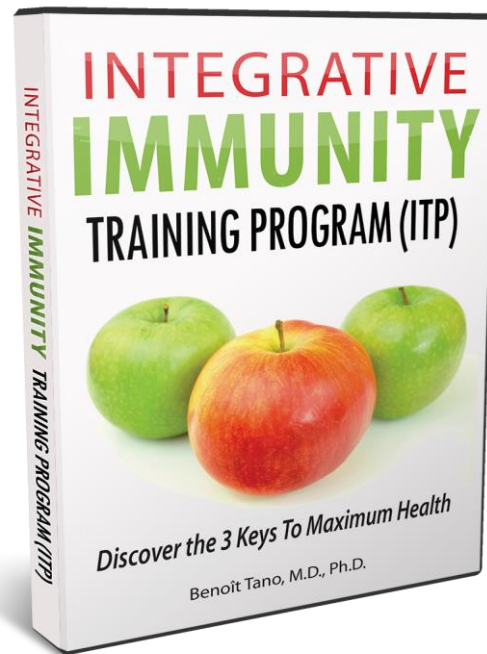
AMERICA'S SILENT PLAGUE  
HORMONE  
IMBALANCE  
SYNDROME  
Uncovering the roots  
of the obesity epidemic  
and most common diseases  
BENOIT TANO, M.D., Ph.D.

NASAL ALLERGY  
TREATMENT ROADMAP  
30 MINUTES TO LEARN  
\* WHY YOU HAVE  
NASAL ALLERGIES  
\* WHAT IMMUNE CELLS  
ARE INVOLVED  
\* HOW TO SUCCESSFULLY  
VIEW ALL BOOKS

Welcome to our "optimal health" website.

Welcome to Dr. Tano's Information hub. We understand that your health needs do not begin and end with a doctor's appointment and that the internet can be a varied and sometimes terrifying place when it comes to getting medical information. Often, running an internet search on a simple symptom can lead you to believing you are having a heart attack, stroke, or developing cancer, when in reality, all you have is a little indigestion. Or, you want to find out if a nutritional product is right for you, and you find a hundred reports that all disagree with each other, but none of them are curated by actual health professionals.

**6 HOURS  
INTEGRATIVE  
IMMUNITY  
TRAINING  
PROGRAM  
DIAGRAMS  
DVD**



# INTEGRATIVE IMMUNITY TRAINING PROGRAM

## EDINA (MINNEAPOLIS), MINNESOTA

*24 AMA PRA Category 1 Credits™*

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## September 22-24, 2017

## SCHEDULE

**Joint providers: Integrative Immunity Training Program (ITP) and The Foundation for Care Management**

# INTEGRATIVE IMMUNITY TRAINING PROGRAM

## Session Schedule

### Schedule Subject to Change

#### Friday, September 22, 2017:

7:30 am	Part 1: Know the Body	Benoit Tano, M.D., Ph.D.	2h
Integrative Immunity History taking and physical exam			
Integrative Immunity Differential Diagnoses			
9:30 am Break			
10:00 am	Part 2: Know the Environment (Toxicology)	Benoit Tano, M.D., Ph.D.	2h
Uncovering the roots of the growing obesity epidemic and comorbidities			
12:00 pm Lunch (on your own)			
1:30 pm	Part 2: Know the Environment (Toxicology)	Benoit Tano, M.D., Ph.D.	2h
Uncovering the roots of the growing obesity epidemic and comorbidities			
3:30 pm Break			
4:00 pm	Part 2: Know the Environment (Toxicology)	Benoit Tano, M.D., Ph.D.	2h
Uncovering the roots of the growing obesity epidemic and comorbidities			
6:00 pm Close of session			

#### Saturday, September 23, 2017:

7:30 am	Part 2: Know the Environment (Toxicology)	Benoit Tano, M.D., Ph.D.	2h
Uncovering the roots of the growing allergy epidemic (environmental allergies)			
9:30 am Break			
10:00 am	Part 2: Know the Environment (Toxicology)	Benoit Tano, M.D., Ph.D.	2h
Uncovering the roots of the growing allergy epidemic (environmental allergies)			
12:00 pm Lunch (on your own)			
1:30 pm	Part 2: Know the Environment (Toxicology)	Benoit Tano, M.D., Ph.D.	2h
Uncovering the roots of the growing allergy epidemic (food allergies and food sensitivities)			
3:30 pm Break			
4:00 pm	Part 2: Know the Environment (Toxicology)	Benoit Tano, M.D., Ph.D.	2h
Uncovering the roots of the growing allergy epidemic (autoimmune diseases)			
Uncovering the roots of the growing allergy epidemic (treatment of allergies)			
6:00 pm Close of session			



# INTEGRATIVE IMMUNITY TRAINING PROGRAM

Session Schedule (continued)

Schedule Subject to Change

Sunday, September 24, 2017:

7:00 am	Part 2: Know the Environment (Toxicology) Epigenetics: Uncovering the roots of the growing cancer epidemic	Benoit Tano, M.D., Ph.D.	2h
9:00 am	Break		
9:30 am	Part 2: Know the Environment (Toxicology) Putting it all together (Integrative Immunity Diagrams)	Benoit Tano, M.D., Ph.D.	2h
11:30 pm	Lunch (on your own)		
1:00 pm	Part 3: Know the Foods and Beverages The Estrogen-Free Lifestyle in practice Case Studies	Benoit Tano, M.D., Ph.D.	2h
3:00 pm	Break		
3:30 pm	Part 1, 2, 3: Case studies	Benoit Tano, M.D., Ph.D.	1h
4:30 pm	Part 1, 2, 3: Ortho Molecular in practice	Benoit Tano, M.D., Ph.D.	1h
5:30 pm	Close of session		



**Space is LIMITED!!**

**Please Register EARLY!**

REGISTER ONLINE: [iaimtp.com](http://iaimtp.com)

• **Tel. (855) 372-8266** or 952-222-3879

**Edina, Minnesota**

## *The Integrative Immunity Training Program*

- Know the Body
- Know the Environment
- Know the Foods and Beverages

**To Achieve Maximum Health For Yourself and For Your Patients**

24 AMA PRA Category 1 Credits™

24 Nursing Contact Hours (24 Pharmacologic Hours)

24 Contact Hours Pharmacy Credit <sup>\*(Knowledge Based)</sup>

**Joint providers: Integrative Immunity Training Program (ITP) and The Foundation for Care Management**

# REGISTRATION

Payment may be made by check or credit card (Visa, MasterCard, American Express or Discover).  
The Registration Fee includes:

- |    |  |              |
|----|--|--------------|
| 1. | COMPLETE LIVE COURSE OF ITP (INTEGRATIVE IMMUNITY TRAINING PROGRAM) 24 CME CREDITS | Value \$6997 |
| 2. | ITP DIAGRAMS DVD (6 HOURS)   | Value \$1997 |
| 3. | LIFETIME UPDATES AND SUPPORT   | Value \$1597 |
| 4. | LIFETIME MASTERMIND/COMMUNITY MEMBERSHIP   | Value \$997  |
| 5. | FREE COPIES OF ALL ITP BOOKS   |              |

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**\$11,588 TOTAL VALUE**

**Online** [WWW.IAIMTP.COM](http://WWW.IAIMTP.COM)

**Phone: 855-372-8266 or 952-222-3879 (Credit Cards only)**

**Mail: Integrative Immunity Health System  
6600 France Avenue South, Suite 600  
Edina, MN 55435**

**Fax: 952-222-3919 (Credit Card Forms only)**

## TUITION

- PHYSICIANS \_\_\_\_\_ \$1997
- CHIROPRACTORS \_\_\_\_\_ \$1997
- PAs/NPs/NDs/PHARMACISTS \_\_\_\_\_ \$1497
- FELLOWS/RESIDENTS/NURSES/NUTRITIONISTS \_\_\_\_\_ \$997
- MEDICAL STUDENTS (AND ALL OTHERS) \_\_\_\_\_ \$597

## REFUND POLICY

No refund will be granted unless a written cancellation notice is received by Saturday, September 16, 2017.

No refunds will be given after this date. A \$100 administrative fee will be deducted from all refunds.

# ACCOMMODATIONS/DIRECTIONS

Room reservations must be made by contacting the **Westin Edina Galleria** at (800) 291-9434.

When making your reservation, please mention the **Integrative Immunity Training Program to receive a reduced room rate of \$149 per night (this rate is guaranteed until Saturday September 16, 2017)**. Directions to the Westin Edina Galleria (3201 Galleria, Edina, Minnesota 55435) are available on the Westin website: **[www.westin.com/edinagalleria](http://www.westin.com/edinagalleria)**.

# REGISTRATION INFORMATION

## **U.S. PHYSICIAN ACCREDITATION (24 AMA PRA Category 1 Credits™)**

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint providership of FCM (Foundation For Care Management) and Integrative Immunity Training Program. Foundation For Care Management is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Foundation For Care Management designates this Live activity for a maximum of 24 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **CANADIAN PHYSICIAN ACCREDITATION (24 AMA PRA Category 1 Credits™)**

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

## **EUROPEAN UNION PHYSICIAN ACCREDITATION (ECMECs)**

Through an agreement between the American Medical Association and the European Union of Medical Specialists, physicians may convert *AMA PRA Category 1 Credit™* to an equivalent number of European CME Credits© (ECMECs©). Information on the process of converting *AMA PRA Category 1 Credits™* to ECMECs© can be found at: [www.eaccme.eu](http://www.eaccme.eu).

## **NURSING CONTINUING EDUCATION - 24 Nursing Contact Hours (24 Pharmacologic Hours)**

This continuing nursing education activity was approved by the Foundation For Care Management

## **PHARMACIST CONTINUING EDUCATION - 24 Contact Hours Pharmacy Credit <sup>\*(Knowledge Based)</sup>**

**Joint providers: Integrative Immunity Training Program (ITP) and The Foundation for Care Management**



# REGISTRATION FORM

PLEASE ENROLL ME: INTEGRATIVE IMMUNITY TRAINING PROGRAM (September 22-24, 2017)

MAIL TO: Integrative Immunity Health System, 6600 France Avenue South, Suite 600, Edina, MN 55435 Or Fax to: 952-222-3919

Checks and Money Order are payable to: Integrative Immunity Health System, PC. A receipt will be mailed to you with your registration confirmation

REGISTRATION ONLINE: [WWW.IAIMTP.COM](http://WWW.IAIMTP.COM)

## CHECK ONE

☐ Physician ☐ Chiropractor ☐ Pharmacist ☐ Fellow ☐ PA ☐ NP ☐ RN ☐ ND ☐ Nutritionist ☐ Guest of attendee ☐ Other

CREDIT CARD (please mark one)		<input type="checkbox"/> VISA	<input type="checkbox"/> MASTER CARD	<input type="checkbox"/> Other
ACCOUNT NUMBER: _____				
EXP DATE: _____/_____/_____		3 DIGIT SECURITY NO: _____ (LOCATED ON THE BACK OF CARD)		
CARD HOLDER NAME: _____ (Exactly as printed on card)				
BILLING ADDRESS: _____ _____ _____				
PHONE: (_____) _____ - _____		FAX: (_____) _____ - _____		
SIGNATURE: _____		DATE: _____		